



## Curriculum Vitae (CV)

Last update: 05/02/2024

### Personal Information

Surname: Rameshk

Forename: Maryam

Gender: Female

Marital status: Married

Nationality: Iranian

Languages: Farsi (main), English

Date of birth: 25-03-1973

Place of birth: Kerman, Iran

### Contact Details

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## Position

- Assistant Professor of Traditional Pharmacy
- Member of the Association of Pharmacists, Kerman Branch (2007-2023)
- Member of the Scientific Association of Traditional Medicine, Kerman Branch (2016-2021)
- pharmacy Manager of traditional medicine clinic (2018-2022)
- Member of Herbal and Traditional Medicines Research Center, Kerman University of Medical Sciences

## Qualifications

**PhD** in Traditional Pharmacy, Faculty of Traditional Medicine, Kerman University of Medical sciences, Kerman, Iran (2018)

Research project: Preparation, Standardization and *In Vitro* Study of Anti-Ulcer Efficacy the Zaroor Product of Iranian Traditional and Niosomal Drug Delivery System from *Narcissus tazetta* Bulb

**MPH** in Disasters and Emergency, Faculty of Public Health, Kerman University of Medical Sciences, Kerman, Iran (2013)

Research project: The Pattern of Anti-Thromboembolic Drug Prescription by Orthopedists in Patients with Fracture in Educational Hospitals, Kerman, Iran since October 2011 to October 2012

**Pharm D**, Faculty of Pharmacy, Kerman University of Medical Sciences, Kerman, Iran (1997)

## Research project

Extraction The Juglone a Naphthoquinone from Walnut Leaf and *in Vitro* Study of Its Coagulant Effect on Prothrombin Time

## Publications

– Foroumadi A., Sheibani V., Sakhteman A., Rameshk M, Abbasi M., Farazifard R., Tabatabai S.A., Shafiee A. "synthesis and anticonvulsant activity of novel 2-amino-5-[4-

chloro-2-(2-chlorophenoxy) phenyl] -1,3,4-thiadiazole derivatives", *DARU Journal of Pharmaceutical Sciences*, 2007, 15(2):89-93.

→ Shahram kalantari khandani, Maryam Rameshk, Mitra Mehrabani, Mahboobe Raeeszade. "Afsantin (*Artemisia absinthium* L.) From the perspective of Modern and Traditional Persian medicine", *journal of Islamic and Iranian Traditional Medicine*, 2016, 6(4):305-313.

→ Rameshk, M., Sharififar, F., Mehrabani, M., Pardakhty, A., & Farsinejad, A. "In vitro Proliferation and Wound Healing Effects of *Narcissus tazetta* L. Bulb on Primary Human Dermal Fibroblasts", 2018, 20(6), 1-11.  
<https://doi.org/10.9734/JPRI/2017/39090>

→ Maryam Rameshk, Fariba Sharififar, Mitra Mehrabani, Abbas Pardakhty Alireza Farsinejad, Mehrnaz Mehrabani. "Proliferation and In Vitro Wound Healing Effects of the Microniosomes Containing *Narcissus tazetta* L. Bulb Extract on Primary Human Fibroblasts (HDFs)", 2018, 26(1):31-42.  
<https://doi.org/10.1007/s40199-018-0211-7>

Motevallyzadeh Hamid Reza, Baneshi Mohammad Reza, Rameshk Maryam, Nakhaee Nouzar, "Prescribing pattern of antidepressant drugs among general practitioners and psychiatrists: a study from Iran", 2013, 2(2):1-4.

Rameshk M, Kalantari-Khandani S Efficacy of Six Plants of Apiaceae Family for Body Weight Management: A Review from the Perspective of Modern and Traditional Persian Medicine *Curr Drug Discov Technol*.  
<https://doi.org/10.2174/1570163817999201006192538>.

Maryam Rameshk, Shahram Kalantari Khandani, "Types of Wound and Wound Healing from the Perspective of Traditional Iranian Medicine (TIM)" in: *A Closer Look at Wound Infections and Healing*. J.E. Keel, Editor. 2019, Nova Science Publishers: New York. p. 1-66.

Raeeszadeh M, Rameshk M, Kalantari-Khandani S Medicinal Herbs Effective for Gray Hair in Traditional Persian Medicine. *Curr Tradit Med*.  
<http://dx.doi.org/10.2174/2215083806999200909120529>.

Saeed Moghtaderi, Maryam Rameshk, Fatemeh Sadat Hasheminasab, Mohammad Javad Zahedi, Maryam Azimi. Distribution of traditional Persian medicine stomach dystemperaments in patients with functional dyspepsia: A cross-sectional study. *European Journal of Integrative Medicine*. <https://doi.org/10.1016/j.eujim.2022.102215>.

Neda Mohamadi, Fariba Sharififar, Maryam Rameshk, Shahram K Khandani. A Global Perspective on Medicinal Plants and Phytochemicals with Antiviral Potentials in the Respiratory System. *Anti-Infective Agents*.  
<https://doi.org/10.2174/2211352521666230328123222>.

Maryam Rameshk, Elham Khoshbin, Mahtab Moeinzadeh, Kiana Sharififar, Danial Bahrami, Fariba Sharififar. Mannas, unique products of a dynamic insect-plant interaction:

Biodiversity, conservation and ethnopharmacological considerations. Heliyon.  
<https://doi.org/10.1016/j.heliyon.2023.e22976>.

## Workshops

- Combination drugs formulation, May 1997, Kerman, Iran
- ADR, February 2005, Kerman, Iran
- Principles of GMP and HACCP System, February 2005, Kerman, Iran
- ICDL training, September 2006 to December 2006, Kerman, Iran
- Change Management, February 2008, Kerman, Iran
- Clinical Pharmacy, April 2009, Kerman, Iran
- Clinical Pharmacy, January 2010, Kerman, Iran
- Cosmetic and Health Material, July 2010, Kerman, Iran
- learning of principles of GDP, February 2011, Tehran, Iran
- Advanced scientific writing, February 2013, Kerman, Iran
- Advanced endnote, May 2013, Kerman, Iran
- Search strategies, November 2013, Kerman, Iran
- Journal club, January 2014, Kerman, Iran
- Familiarity with the Market of Supplements, Food and Drugs, September 2014, Tehran, Iran
- National Festival and Exhibition of Medicinal Plants, Natural and Traditional Products of Iran September 2014, Tehran, Iran
- Teaching techniques (Section 1& 2), February 2015, Kerman, Iran
- Integrative oncology, March 2015, Kerman, Iran
- Medical ethics in Islam and Iran, April 2015, Kerman, Iran
- Advanced excel, August 2015, Kerman, Iran
- Health and biological safety, August 2015, Kerman, Iran
- Article Writing, November 2015, Kerman, Iran
- Valuation methods 1, December 2015, Kerman, Iran
- Scientific writing, December 2015, Kerman, Iran

- Reaxys database, October 2016, Kerman, Iran
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- Drug in traditional medicine, February 2017, Kerman, Iran
- 2<sup>nd</sup> middle east/7<sup>th</sup> Iranian controlled release conference, February 2017, Kerman, Iran
- 13<sup>th</sup> Asian Societies of Cosmetic Scientists Conference (ASCSC 2017) & Home and Personal Care Ingredients Exhibition (HPCI 2017), May 2017, Kerman, Iran.
- Effective Interpersonal Relationship Skills, November 2018, Kerman, Iran
- Technology in Education, December 2018, Kerman, Iran
- Levels of educational goals (Bloom's Taxonomy), December 2018, Kerman, Iran
- Practical Tips for Writing Explanatory and Clinical Trial Articles, April 2019, Kerman, Iran
- Medical ethics, June 2019, Kerman, Iran
- Modeling of Process and Data in the Design of Medical Information Systems, July 2019, Kerman, Iran

### Presented Papers in Conference and Congress

Topic	Authors	Congress and Conference	Place	Year	Presentation (Oral or Poster)
Afsantin (Artemisia absinthium L.) From the perspective of Modern and Traditional Persian medicine	Kalantari khandani SH, <b>Rameshk M,</b> Mehrabani M, Raeeszade M.	Congress	Mashhad, Iran	2015	Oral
Medicinal herbs affecting the gray hairs in	Kalantari khandani SH, <b>Rameshk M,</b> Raeeszade M.	Conference (ASCSC 2017)	Kerman, Iran	2017	Poster

traditional Iranian medicine					
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## Presentation

Topic	Conference or Tutorial	Place	Year
Conference on Judicial and Pharmaceutical Laws	Tutorial	Kerman, Iran	2012
The Application of medicinal herbs and traditional products in the treatment of women's diseases, pregnancy and lactation from the perspective of traditional Iranian medicine and pharmacy.	Tutorial	Kerman, Iran	2018
Neurological diseases from the perspective of classical medicine and traditional Iranian medicine	Tutorial	Kerman, Iran	2019
The position and application of traditional medicine and pharmacy	Tutorial (winter school)	Kerman, Iran	2019
Rules and regulations for the distribution of medicinal plants	Tutorial	Kerman, Iran	2019
Generalities of traditional medicine and pharmacy	Tutorial	Sirjan, Iran	2019
A review of gynecological diseases from the perspective of traditional Iranian medicine	Tutorial	Kerman, Iran	2020
Familiarity with the basics of nutrition and food temperament from the perspective of traditional Iranian medicine	Tutorial	Kerman, Iran	2020

## Skills

English language

MS word

Power point

Excel

Prism

Minitab

Endnote

### **Honors**

- The 1<sup>st</sup> country rank of entrance exam for PhD Traditional Pharmacy, Iran, 2012.
- The 2<sup>nd</sup> rank of board exam of PhD Traditional Pharmacy of Kerman University of Medical Sciences, 2014.
- The top student of PhD Traditional Pharmacy of Kerman University of Medical Sciences, 2018.

### **Research Interest**

Herbal medicine

Ethnopharmacology

New drug delivery formulation

Antioxidant evaluation of herbs

Antimicrobial evaluation of herbs

MTT assay in cell culture

Scratch assay in cell culture

*In vivo* and *in vitro* study

### **Hobbies**

Walking

Sightseeing

Traveling

