

Curriculum Vitae

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Contacts

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Education and Training

- **Doctorate of Philosophy in Traditional Persian Pharmacy, School of Traditional Medicine, Kerman University of Medical Sciences associated (This course was held with association of Shahid Beheshti University of Medical Sciences, Tehran, Iran) ; 2010 September 23 - 2017 February 7. with an outstanding score (19.35 out of 20)**
- **Doctorate in Pharmacy, Kerman University of Medical Sciences, Kerman, Iran, ;2000 September 22- 2006 September 5 ; (16.56 out of 20)**
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- Workshop on “International Conference *amee* 2019”; Education Development Center, Kerman University of Medical Sciences, Iran; 2019 August 26- 28
- Workshop on “Familiarization with Traditional Persian Medicine and Pharmacy; Kerman University of Medical Sciences, Iran ; 2017 May 31

- Workshop on “ 13th Asian Societies of Cosmetic Scientists Conference ASCSC 2017; 2017 May 15-17
- Workshop on” Electronic Education” , Education Development Center, Kerman University of Medical Sciences, Iran; 2018 January 10
- Workshop on” Teaching techniques” ”, Kerman University of Medical Sciences, Iran ; 2018 January 24
- Workshop on” life style”, Kerman University of Medical Sciences, Iran ; duration 16 hours
- Workshop on” Islamic Republic” , Education Development Center, Kerman University of Medical Sciences, Iran; 2018 January 8
- Workshop on” Health Care System in Islam” ”, Kerman University of Medical Sciences, Iran ;2017 July 25-26
- Attributed in “15th Seminar of Iranian Pharmaceutical Student (SIPS); ”, Kerman University of Medical Sciences, Iran ;2010 October 13-15
- Workshop on” Role Of Fasting On Health And Disease In View Of Traditional And Islamic Medicine” ”, Kerman University of Medical Sciences, Iran ; 2015 June 29
- Workshop on “ Principle Of Islamic Training” ”, Kerman University of Medical Sciences, Iran ; 2017 November 5
- Workshop on “ software of detecting plagiarism” , Education Development Center, Kerman University of Medical Sciences, Iran; 2015 November 29
- Workshop on “Note-Taking Skills”, Education Development Center,; 2017 May 17
- Workshop on “ Paper Writing- preliminary” 2015 December 5
- Workshop on “ Paper Writing- Advanced” 2013 February 13-14
- Workshop on “ How to write award winning grant proposals” , Kerman University of Medical Sciences, Iran ; 2014 April 27
- Workshop on “ scientific writing in the field of traditional medicine and pharmacy” National Congress in Traditional Persian Medicine and Pharmacy” Shiraz University of Medical Sciences, Iran; 2016 March 2
- Workshop on “techniques of searching in database”, Kerman University of Medical Sciences, Iran ;2014 March 2
- Workshop on “ Power Points 2013” Education Development Center Kerman University of Medical Sciences, Iran; 2013 September 25
- Workshop on “Spss, Excle Software ” Education Development Center Kerman University of Medical Sciences, Iran; 2011 February 14
- Workshop on “ Excle 2010 Software ” Education Development Center Kerman University of Medical Sciences, Iran; 2011 May 12
- Workshop on “ Teaching Techniques- Part One” ” Education Development Center Kerman University of Medical Sciences, Iran; 2015 February 26
- Workshop on “ Teaching Techniques- Part One” ” Education Development Center, Kerman University of Medical Sciences, Iran; 2015 March 4
- Workshop on “ Medical Ethics in Islam and Iran”, Kerman University of Medical Sciences, Iran; 2015 April 12
- Workshop on “ Traditional Medicine”; Education Development Center, Kerman University of Medical Sciences, Iran; 2012 September 26-27
- Workshop on “ suicide in view of pharmacy” , Kerman University of Medical Sciences, Iran;2012 October 22

- Workshop on “ Journal club training:”, Kerman University of Medical Sciences, Iran; 2014 January 22
- Workshop on “ Exam Analyzing” , Kerman University of Medical Sciences, Iran; 2011 January 27
- Workshop on “ Learning Techniques” , Education Development Center, Kerman University of Medical Sciences, Iran; 2011 April 28
- Workshop on “ Utilizing Devices For Virtual Training”, Education Development Center, Kerman University of Medical Sciences, Iran; 2017 October 25
- Workshop on “Method of Teaching”, Education Development Center, Kerman University of Medical Sciences, Iran; 2017 November 22

Executive and Scientific Positions

Head of Traditional Pharmacy of Persian Medicine Faculty, Kerman University of Medical Sciences, Iran, 2018 September

Head of Natural, Traditional, Supplementary products of Food & Drug Organization, Kerman University of Medical Sciences, Iran, 2018 January

Assistant Professor of Traditional Pharmacy, Persian Medicine Faculty, Kerman University of Medical Sciences, Iran,, 2017 January

Member of Kerman Branch of Traditional Medicine Association, Kerman, Iran, 2017 January

Member of the Research Council of Faculty of Persian Medicine, Kerman University of Medical Sciences, 2017 January

Scientific Secretary of the Seminar “Usage of Herbal Medicine for Gynecological Disorders in View of Traditional and Classical Medicine” , Kerman University of Medical Sciences, Iran 2018 November

Teaching Experience

“ Mofradat and Gharabadin- theory” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran 2021

"ASHNAIEE BA TEB SONATI , MOKAMEL" Course for MD Students, Faculty of Medicine, 2021

"Ashnaiee ba teb sonata , mokamel", Course for BS Students, Faculty Of Allied Medicine, 2021

“ Mofradat and Gharabadin- practical” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2020

“ Mofradat and Gharabadin- practical” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2019

“ Mofradat and Gharabadin- theory” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran 2018

“ Mofradat and Gharabadin- practical” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2018

“ Mofradat and Gharabadin- theory” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2017

“ *Mofradat and Gharabadin*- practical ” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2017

“*Persian Medical Texts*” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2019

“*karamoozi darookhaneh shahri*” Course for Pharm D Students, Faculty of Pharmacy, Kerman University of Medical sciences, Kerman, Iran, 2016

“theory Part، *شناسایی مواد اولیه، وسایل و ساخت داروهای سنتی*،” Course for PhD Students, Faculty of Persian Medicine, Kerman University of Medical sciences, Kerman, Iran, 2014

Lecturer of the Seminar "Traditional Medicine and Herbal Remedies for Digestive Diseases", Kerman University of Medical sciences, 2017 July.

Lecturer of the Seminar "Sexual Disorders from the Point of View of Iranian Medicine and Modern Medicine ", Kerman University of Medical sciences, 2017 Dec.

Lecturer of the Seminar “Usage of Herbal Medicine for Gynecological Disorders in View of Traditional and Classical Medicine” , Kerman University of Medical Sciences, Kerman, Iran; 2018 November

Lecturer of the workshop” herbal decoctions” , Kerman University of Medical Sciences, , Kerman, Iran; 2018 August

Lecturer of the Seminar” utilizing herbal plants for pregnancy”, Kerman University of Medical Sciences, Kerman, Iran; 2011 January 23

Lecturer of the Conference "Familiarization with Traditional Iranian Medicine", Kerman University of Medical sciences, 2016 Mar.

Lecturer of the “15th Seminar of Iranian Pharmaceutical Student (SIPS) ”, Kerman University of Medical Sciences, Iran ;2010 October 13

Lecturer of the “2th national and electronically congress of traditional and complementary medicine; Tehran 2017 November

Publications

➤ In journals:

Sarhadinejad Z, Sharififar F, Sarhadinejad Z, Salari Z, Tajadini H, Mohamadi Asadi-Khanouki A, and Ansari M. Formulation and Characterization of Dill Seed Vaginal Cream Based on a Traditional Medicine. *Journal of Pharmaceutical Research International*, 23(1): 1-10, 2018; Article no.JPRI.42143

Sarhadinejad Zohreh, Tajadini Haleh, Tansaz Mojgan, Bahrapour Abbas, Zarrin Sarhadinejad, Mehdi Ansari, Fariba Sharififa, Maryam Iranpour and Zohreh Salari .Comparing the Effect of Dill Seed Vaginal Cream, with a Persian Traditional Base, and 1% Clotrimazole Vaginal Cream on Vulvovaginal Candidiasis: A Double-Blind, Randomized Clinical Trial. *Iran Red Crescent Med J*. 2018 October; 20(10):e74211

Sarhadynejad Z, Sharififara F, Pardakhty A, Nematollahi M, Sattaie-Mokhtarid S, and Mandegary A, Pharmacological safety evaluation of a traditional herbal medicine “Zereshk-e-Saghir” and assessment of its hepatoprotective effects on carbon tetrachloride induced hepatic damage in rats. *J ethnopharmacol*, 2016. 190: p. 387-395.

Zarrin Sarhadynejad, Abbas Pardakhty, Ali Mandegary, Suleiman Afsharypuor , Fariba Sharififar. Physicochemical Characterization, Standardization and In Vitro Determination of Radical Scavenging Activity of Zereshk-e-Saghir, A Traditional Preparation, and Its Ingredients. *Journal of Young Pharmacists*, 2017; 9(2):224-229.

Mehdi Ansari, Fariba Sharififar,¹ Maryam Kazemipour,² Zarrin Sarhadinejad, and Hamid Mahdavi, Teucrium polium L. extract adsorbed on zinc oxide nanoparticles as a fortified sunscreen, *Int J Pharm Investig*. 2013 Oct-Dec; 3(4): 188–193.

Mehdi Ansari¹, Toubia Eslaminejad , Zarrin Sarhadynejad and Tahereh Eslaminejad. An Overview of the Roselle Plant with Particular Reference to Its Cultivation, Diseases and Usages, *European Journal of Medicinal Plants*, 2013, Vol.: 3, Issue.: 1 (January-March)

➤ **My Thesis:**

- Quantitative and Qualitative Control, Total Phenolic Content Determination, In Vitro Antioxidant and In vivo Hepatoprotective Assessments, and Preparation of Polyherbal Formulation of Zereshk-e- saghir; Supervisors: Prof. Sharififar, Prof. Pardakhty, Associate Prof. Mandegary; Degree: PhD Mark: 19.93
- “Extract of Teucrium polium adsorbed on zinc oxide nanoparticles as a fortified sunscreen.” Supervisors: Prof M. Ansari, Prof F. Sharififar, Associated Prof. M. Kazemipour; Degree: Pharm.D. Mark:20

➤ **Poster Presentation**

- Preparation of vaginal cream originated from *Anethum graveolens* and physicochemical evaluation, 2th national and electronically congress of traditional and complementary medicine; Tehran 2017 November
- “The First International Congress Of Complementary And Alternative Medicine, 2015, Mashhad, Iran.” Z.Sarhadynejad, A.Mandegary, F.Sharifar. Assessment of hepatoprotective effect of traditional Iranian herbal medicine Zereshk-e- saghir on carbon tetrachloride induced hepatic damage in rats.
- 3rd Iranian clinical pharmacy congress, 2012, Tehran, Anatural supplement alleviates osteoarthritis symptoms: a controlled randomized pilot trial, mohajeri, E.; Atyabi, N. ; Z.Sarhadynejad
- American Association of Pharmaceutical Scientists, Annual Meeting, USA; M. Ansari, F. Sharififar, M. Kazemipour, H. Mahdavi, Z. Sarhaddizadeh, Extract of Teucrium polium L. adsorbed on zinc oxide nanoparticles as a fortified sunscreen , 2006.

➤ **Book**

Ammozehaye teb sonati Irani dar asbab, alaem va dareman bimarihayeh dahan va dandan, Iranianteb publication; 2021

➤ **Extra Publications**

- Some writings in Kerman Newspapers about Traditional Iranian herbal Medicine

➤ **Radio presentation**

Live Radio Program about utilizing usual herbal plants as a decoction, Provincial Radio Channel (Kerman, Iran); 2019

Theses supervised

- Investigation of herbal plants and traditional preparations for treatment of oral and dental diseases in view of Traditional Persian Medicine and systematic review of related evidences in allopathic medicine
- Preparation of a formulation and evaluation of physicochemical of *Bunium persicum* (Boiss) suppository

Approved Projects & Proposals

- Evaluation of acute toxicity of herbal preparation based on astragalus gum in mice, 2020
- Evaluation of the effect of traditional Iranian medicine product incorporated in the base of *Astragalus gossypinus* with food spice on improvement of clinical manifestation of **COVID 19** patients with conventional protocol in Kerman hospitals, Iran
- Evaluation Of Effectiveness Of The Lavender Flower (*Lavandula angustifolia*) On Fatigue In Multiple Sclerosis Patients - Double-Blind Clinical Trial
- The efficacy of the traditional medicine preparation of dodder (*Cuscuta epithimum* Murr.) and polypoddy (*Polypodium vulgare*) in patients with obsessive-compulsive disorder: A double blind clinical trial
- Investigation the effect of *cuminum cyminum* on metabolic syndrome indicators in reproductive age in women Referring to Rafsanjan Comprehensive Health Services, 2018.
- Investigation of herbal plants and traditional preparations for treatment of oral and dental diseases in view of Traditional Persian Medicine and systematic review of related evidences in allopathic medicine
- Investigating the effect of capsule of *Foeniculum Vulgare* (Fennel) on postpartum dyspareunia in primiparous women referring to Comprehensive Health Services Centers in Rafsanjan, 2018
- Herbal preparation of *zerezhk-e saghir* and evaluating of its antioxidant properties
- In vivo Hepatoprotective Assessments, and Preparation of Polyherbal Formulation of *Zerezhk-e- saghir*
- Effect of *Artemisia absinthium* on Symptoms of Amphetamine Deprivation Syndrome in Male Mice
- Ethnobotanical study of "bardsir region"

skills

ICDL

English Writing
Statistical App. (SPSS)

Research Interest

Herbal Preparation
Ethnobotanical Surveys
Antioxidant evaluation
Quality Control Evaluation